



SERVICES & PROGRAMS **GUIDE**

2026 EDITION

ABA therapy programs for children and teens with autism and other developmental needs, with support for their families.

Three centres in Etobicoke, Scarborough and Hamilton
— plus services at home, at school and online.

ALPHABEE.COM • 416-622-9979

WELCOME

Everything families and service partners need to know, in one place.

This guide brings together our services, how we work, what it costs and how to get started.

AlphaBee provides Applied Behaviour Analysis (ABA) and related programs for children and teens with autism and other developmental needs. Every program starts with an assessment and is built around your child's own goals, from 18 months to 18 years.

Our services sit in three groups: **ABA Therapy**, **Social & Communication** and **Specialized Programs**. Alongside them we offer programs for caregivers, and training for organizations and professionals.

Progress looks different for every child. We measure your child's progress against their own starting point — and build from there.

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01 · ABOUT ALPHABEE

A clinical team built around each child.

AlphaBee's ABA program started inside our sister company wm+a, ran as a parallel company, and became a stand-alone company in 2008. Some of our clinical leads have been part of AlphaBee's growth for over 20 years.

Today we deliver services from three centres across the GTA and Hamilton, as well as at home, at school, in daycare and online. Our clinical team works with families, schools and other providers so every child's goals and teaching approach fit together.



OUR COMMITMENT

Our commitment is to every child, every family and our profession. We continually advance our knowledge, strengthen our skills and raise the standard of practice.

We invest in skilled clinicians, collaborate with the people who matter in each client's life, and continue learning so our practice evolves alongside the field.

OUR TEAM

Clinical Supervisors

Registered Behaviour Analysts (RBAs) with the College of Psychologists and Behaviour Analysts of Ontario. They assess your child and write the plan.

Instructor Therapists

Every child works with an assigned therapist in sessions, trained and supervised by the Clinical Supervisor.

Specialist training

Many team members are certified in the Early Start Denver Model (ESDM), Skill-Based Treatment (SBT) and/or JASPER.



02 · OUR APPROACH

Evidence-based teaching, shaped to your child.

Applied Behaviour Analysis (ABA) is an evidence-based approach to understanding how people learn and teaching new skills. Our teaching draws on ABA and the Verbal Behaviour (VB) model, using a range of methods to help skills carry over beyond therapy to home, school and community.

VB

Verbal Behaviour model

Builds communication across every area of language: asking for things, understanding others and expressing ideas.

DTT

Discrete Trial Teaching

Breaks a skill into small steps. Each step is taught, practiced and recorded, then built into more complex skills.

NET

Natural Environment Teaching

Uses your child's own interests and play as the lesson, so new skills work in everyday settings.

EL

Errorless teaching

Plenty of support at first, reduced step by step until your child can do the skill independently.

SKILLS WE WORK ON

Communication

Understanding language

Expressive language

Play & social skills

School readiness

Pre-academic & academic skills

Daily living & life skills

Toilet training

Fine & gross motor skills

Coping & flexibility



03 · SERVICES AT A GLANCE

Three service groups, plus support for the adults around your child.



ABA Therapy

Early Intervention

1:1 ABA

18 months – 18 years · pages 6–7



Social & Communication

Social Skills Groups

Speech–Language Pathology

2 – 18 years · pages 8–9



Specialized Programs

Empowering Skills

Next Steps

5 – 18 years · page 10



For Caregivers

Caregiver–Mediated Early Years

Caregiver Coaching

For parents and caregivers · page 11

WHERE SERVICES HAPPEN

In centre

At home

At school or daycare

In the community

Online

Where a service is delivered is an option, not a separate program. Your Clinical Supervisor will recommend the right setting for your child.

Not sure where to start?

We'd rather you call us than guess. Our intake team will point you to the right service for your child's age and goals.

416-622-9979





04 · ABA THERAPY

Early Intervention

AGES

WHERE

HOURS

COMMITMENT

18 months – 4 years

Centre or home

From 6 hrs / week

3 months minimum

A play-based program for the youngest learners, focused on communication and connecting with the people around them.

Early Intervention draws on Naturalistic Developmental Behavioural Interventions (NDBI). Children learn to start interactions through the toys, games and people they already enjoy.

Sessions are one-on-one, and parents are involved in setting goals and reviewing progress. You'll learn the same strategies your child's therapist uses, so learning continues at home.

RATES

- Centre-based: \$80–\$95 / hour
- Home & community: \$90–\$105 / hour

Your rate depends on weekly hours and is confirmed during intake, in your service agreement.





04 · ABA THERAPY

1:1 ABA

AGES	WHERE	SESSIONS	COMMITMENT
Up to 18 years	Centre, home, school, online	Goal-based: 1+ a week Comprehensive: 2+ a week	3 months minimum

Your child works one-on-one with an assigned therapist, on goals set by their Clinical Supervisor after an assessment. At our centres, your child can also join group activities to practice play, cooperation and social skills.

SERVICE OPTIONS

OPTION	HOURS	BEST FOR
Comprehensive ABA	6.5+ hrs / week	Broader programs across many skill areas. Includes Early Intervention. In centre, at home, in the community or online.
Goal-based ABA	Under 6 hrs / week	Fewer hours, focused on a small number of priority goals. In centre, at home or online.
Online sessions	Either option	Online is a setting, not a separate service. Available for children aged 6+ who can take part on their own.

WHEN SESSIONS HAPPEN

Weekdays, 8:00am–5:30pm. 1:1 ABA takes place during the day. Children may attend for a half or full day, with many families combining ABA with school as part of their weekly schedule.

YOUR PART AT HOME

We'll show you strategies to use at home and support you with them. Do what you can – every bit helps, and consistency across home, school and sessions makes a real difference.

RATES

● Comprehensive ABA: \$80–\$105 / hour

● Goal-based ABA: \$100–\$135 / hour





05 · SOCIAL & COMMUNICATION

Social Skills Groups

AGES	WHEN	TERM	WHERE
3 – 18 years	Saturday mornings	10 weeks, 4 terms a year (summer is 8 weeks)	All three centres

Small groups led by our therapists help children build friendships, practice taking turns and learn to work together.

GROUP	AGES	FOCUS
Little Buddies	3 – 5	Foundational social skills
Fun with Friends	5+	Friendship building
Operation: Cooperation	7+	Teamwork

A suitability questionnaire helps us determine whether a group is the right fit for your child. If they need to build skills before joining, we recommend other services to support their progress. Groups run in fall, winter, spring and summer, with 3–4-hour sessions on Saturdays.



RATES

- Little Buddies (1:1): **\$3,000**
- Fun with Friends: **\$4,000 (1:1) or \$3,600 (2:1)**
- Operation: Cooperation: **\$3,600**

Per 10-week term, before applicable taxes. Summer terms run 8 weeks.





05 · SOCIAL & COMMUNICATION

Speech-Language Pathology

AGES	WHERE	SESSIONS	FREQUENCY
2 – 18 years	Centre, home, online	30, 45 or 60 min	As the SLP recommends

Our SLP and ABA teams work together to build communication skills. Speech-language pathologists provide specialized assessment and treatment for speech sounds and language development, with sessions available before, during or after ABA therapy.

Speech-language services are delivered with our partner speech teams. A Speech-Language Pathologist assesses your child and recommends how often sessions should happen.

WHAT SLP CAN HELP WITH

- Speech sounds
- Understanding language
- Expressive language
- Social communication
- Early communication

HOW IT WORKS

- Intake with AlphaBee, then a clinical assessment by the SLP
- A written report with recommended goals and frequency, available upon request
- Sessions in centre, at home or online
- Outside our service area? We can recommend an SLP near you

Fees

Speech-language services are provided by our partners. Contact us and we'll connect you with current fees.

Communication is at the centre of everything we teach.





06 · SPECIALIZED PROGRAMS

Focused programs for school-age children and teens

Not every child needs the same kind of 1:1 support. Some need focused support to build the skills that make broader learning possible; others are ready to work on specific skills for greater independence. Two specialized programs target these different needs, each starting with an assessment to make sure it's the right fit.

Empowering Skills

Ages 5 – 18

Centre-based

For children and teens whose interfering behaviours make it hard to take part in 1:1 ABA or other programs. Built on Skill-Based Treatment (SBT).

Often a first step: once these skills are in place, most children move on to 1:1 ABA or another service. Two 2-hour sessions a week with two trained staff, after an extended intake.

WHAT IT TEACHES

- Asking for what they need
- Waiting when they have to
- Coping when a plan changes
- Taking part in everyday tasks, routines and expectations

RATES

- Centre: \$150 / hour
- Home: on approval only

Next Steps

Ages 6 – 18

Centre · home · online

For advanced learners building the skills they need for more independence at home, at school and in the community.

At least one session a week, 1 hour minimum, led by a Lead Instructor Therapist.

WHAT IT BUILDS

- Problem solving
- Emotional regulation and coping
- Social and conversation skills

RATES

- Centre: \$125 / hour
- Home: \$135 / hour
- Online: \$100 / hour





07 · FOR CAREGIVERS

Support for caregivers

Caregiver-Mediated Early Years Program

Free · OAP invitation

12 weeks · 6 in summer

For caregivers of children with autism up to 48 months. You learn JASPER strategies to build play, engagement and communication in everyday routines.

- 18 hours of training per round
- 2-hour online group sessions every other week
- 1-hour in-person sessions with an RBA every other week

Delivered in partnership with SAAAC and funded by MCCSS. Register at alphabee-saaac.com.

Caregiver Coaching

Centre · home · online

6 weeks minimum

One-to-one coaching that shows you how to use ABA strategies to teach new skills and support your child through the day.

- An assessment to understand your family's goals
- Goal-setting with a supervised therapist or Clinical Supervisor
- Hands-on practice with guidance and feedback

1-hour sessions, weekly, every two weeks or monthly, depending on your goals.

alphabeePRO · ONLINE TRAINING

Free courses for parents

On-demand courses for families, free at alphabeepro.com. A few to start with:

PARENT COURSES

- What to Expect When Starting ABA Therapy
- Assessment and Treatment of Sleep
- School Readiness: Entry to School



08 · FOR ORGANIZATIONS

Clinical consultation and team training for organizations.

We work alongside agencies, schools and school boards, group homes, children's treatment centres and daycares in two ways.

General training and consultation for your staff, not tied to a specific child.

Consultation on a specific child or teen you're supporting: our clinicians conduct an assessment, then build training for your staff.

Who it's for

Teams supporting children and teens who need practical training, consultation or behaviour support.

RATES

● Consultation: \$140 / hour

● Training: [contact us for a quote](#)

alphabeePRO · ONLINE TRAINING

Courses for professionals

On-demand courses for professionals working with children and teens, at [alphabeepro.com](#).

We also offer custom on-site training for frontline staff, professionals and community agencies.

PROFESSIONAL COURSES

- PFA and SBT for Learners with Advanced Language
- Indigenous Series: Part 1 – Considerations for Supporting Indigenous Clients in ABA
- Sexual Health Education: Empower your Sex-Esteem

Talk to us about your team

Tell us about your team, or the child or teen you're supporting and we'll outline a training plan.

info@alphabee.com



09 · GETTING STARTED

Five steps from first call to your child’s plan.

1	2	3	4	5
Get in touch Call, email or book a consultation. A diagnosis is not required to start.	Free clinical intake We learn about your child, your family and your goals, and recommend a service and hours.	Sessions begin Your child starts with an assigned therapist.	Assessment Over the first 30 days, your Clinical Supervisor assesses your child’s current skills and strengths.	Your child’s plan An individual plan with clear goals, overseen by your Clinical Supervisor, with reports every 6 months.

HOW WE ASSESS

We draw from a range of established assessment tools to understand your child’s current skills, strengths and areas for growth. Depending on their age, needs and goals, this may include tools such as the VB-MAPP, EBIC, AFLS, EFL or ESDM. The goal is to build a meaningful starting point for individualized programming and measuring progress over time.

HOW WE TRACK PROGRESS

Data from every session is recorded in Hive, our clinical data tool, and reviewed by your Clinical Supervisor, who looks at the data to decide what to work on next.

COLLABORATION

With your permission, we connect with your child’s school and any previous provider to collect the relevant information.

HOW WE KEEP LEARNING

Learning is part of our work, too. Our clinical team participates in ongoing professional development, including regular team meetings for training, clinical discussion and sharing new approaches and resources. This helps us keep strengthening our practice and bringing current, evidence-based strategies into our work with clients.

Ready to take the first step?

Book a consultation by phone or email. A diagnosis is not required to start.

416-622-9979
info@alphabee.com



10 · FUNDING & FEES

Service fees, and several ways to fund them.

ABA RATES

\$80–\$150 / hour

Depending on the program, weekly hours and setting. Your exact rate is confirmed during intake, in your service agreement. Other programs are quoted at your consultation.

NO EXTRA CHARGE

- Clinical intake
- Travel is built into our rates
- Report writing and school meetings
- Assessments, with a formal report every 6 months

PART OF EVERY PROGRAM

- Program planning time, at your hourly rate
- Regular clinical team meetings between your child's Clinical Supervisor, Supervised Therapist and Instructor Therapists

WAYS TO FUND SERVICES



Ontario Autism Program (OAP)

AlphaBee is an OAP provider, and our Clinical Supervisors can oversee core clinical services funded through the OAP.



Extended health insurance

Many workplace and private plans may cover part of your costs. Check with your provider.



Other funding programs

Jordan's Principle, CAP and Embers for Access may help cover services. Our Services Team can help you check what you're eligible for.



Private pay

Families can pay directly, or combine OAP with other funding sources, or use them to bridge while OAP renews.

HST

Services may be HST exempt. Send us either an HST form completed by your family physician, or a screenshot from your OAP account showing your child's full name, OAP number and Core Clinical Funding.

Planning for continued support

As your funding approaches its end, our Services Team will work with you to plan for continued services. Together with your clinical team, we'll consider programming and schedule adjustments that prioritize your child's goals and progress while fitting your family's needs and budget.



11 · WHERE SESSIONS HAPPEN

Three centres, plus services at home, at school and online.



Etobicoke

130 North Queen St, Unit 1
Etobicoke, ON M8Z 2E4

Scarborough

1061 Midland Ave
Scarborough, ON M1K 4G8

Hamilton

440 Main St E
Hamilton, ON L8N 1K2

HOME, SCHOOL & DAYCARE SERVICES

Toronto

Etobicoke

Scarborough

Peel

Halton

York

Hamilton

We listen to families, track progress in every session, and adjust plans as needs change.





Let's talk about your child's next steps.

Book a consultation or ask us anything. Our intake team will help you find the right service.

CALL

416-622-9979

EMAIL

info@alphabee.com

ONLINE

alphabee.com