

Choosing a therapy setting

Use this to think through where ABA therapy could happen for your child. Take it to any provider you are considering, including us. Many children combine settings, and the setting can change as your child grows.

SETTING	CAN HELP WITH	THINGS TO THINK ABOUT
Home	Daily living skills, family routines, caregiver involvement	Distractions, space, fewer chances to practice with peers
Centre	Structured learning, social participation, varied activities	Travel, using skills outside the centre
School	Classroom participation, peer interaction, independence	The school or school board must give permission
Online	Caregiver coaching, consultation, selected learning goals	Technology, a caregiver nearby to help

Think about your child

- Where will my child need to use these skills most?
- Where does my child learn most comfortably?
- Which skills matter most right now (daily routines, play, school, friendships)?
- What does our week leave room for, including school, activities and rest?
- Who can take part in sessions at home or online?
- Would a mix of settings help my child use skills in more places?

Questions to ask the provider

- Which settings do you offer, and which would you recommend for my child?
- What is the hourly rate in each setting? Is there a minimum session length?
- Are there travel fees for home sessions?
- Are assessment and supervision included in the hourly rate?
- Do you have permission to work in my child's school?
- Is online therapy available for my child's age?
- If we combine settings, how will the team keep teaching consistent?
- Can we change settings later if my child's needs change?
- What are your scheduling and cancellation policies?
- How can I use my funding (OAP, extended health insurance, private pay)?

Tip: no single setting is best for every child. Ask the provider why they are recommending a setting, and what would make them suggest a change.